



TE KĀHAKI TĀNGATA KEI TE HIAHIA ĀWHINA KOE?

Ka āwhina Ngā Pirihimana o Aotearoa
me te Ratonga Manene i a koe.

Waea atu ki ngā Pirihimana i 105, me tuku
pūrongo tuihono rānei ki [105.police.govt.nz](https://www.105.police.govt.nz).

Mēnā he ohotata, me waea atu
ki 111 i ngā wa katoa.

Ka taea e koe te tuku pūrongo kirimuna ki a Crime
Stoppers i **0800 555 111**, i runga ipurangi rānei i
www.crimestoppers-nz.org/report



■ KEI ROTO KOE I TĒTAHI ĀHUATANGA KĀHAKI TANGATA?

Me pātai ki a koe anō:

- › Kei tētahi kē tō uruwhenua, ō moni rānei e puritia ana?
- › He raka kei ō kūaha, matapihi rānei hei aukati i tō wehe atu?
- › Me inoi rā anō koe ki te kai, te moe, te haere rānei ki te wharepaku?
- › Kāore ō wā whakatā, arā, te haere ki te hokohoko me te whakawhanaunga?
- › He iti rawa tō utu, he kore rānei?
- › Kei te ākina koe ki te mahi hei utu ō nama?
- › Kua whakawehitia koe, tō whānau rānei (he whakarekerekere, te whare herehere, te tereputanga rānei) mēnā kāore koe e whakaae atu?
- › Kua haere koe, kua tīkina rānei koe ki te mahi, ā, i muri mai ka kitea he takahi ture, he iti iho te utu ki tērā i whakaaetia, he kore rānei?

Mēnā he āe tō whakautu ki tētahi o ēnei pātai, me rapu āwhina koe mai i Ngā Pirihimana o Aotearoa.

■ PŪRONGOHA

He takahi te kāhaki tāngata i ngā tika tangata – kua e waiho noa

Ka hiahia āwhina te tangata mēnā:

- › Kei te noho ia i tōna wāhi mahi (me kimi i ngā raka kei waho o ngā kūaha)
- › He tauākī, he kōrero āna 'kua whakaharatautia'
- › Kāore ana moni, he momo tuakiritanga rānei (kua kaiponuhia te uruwhenua)
- › He roa ana haora mahi, kāore he wā whakatā hoki / rānei
- › He whiwhi kaikōrero, ā, e mātakina ana ia e tētahi 'kaiārahi', 'kaiwhakamāori' rānei
- › Kāore e tika kia wehi ki tōna kaitukumahi me ngā mana
- › He whakaatu i ngā tohu whakahapa hauora hinengaro, ā-tinana rānei (kei te kai whakapōauau, whakamamae i a ia anō rānei)

Mēnā kei te hiahia āwhina koe, me waea atu ki ngā Pirihimana i **105**, me tuku pūrongo tuihono rānei ki **105.police.govt.nz**. Mēnā he ohotata, me waea atu ki **111** i ngā wā katoa.

Ka taea e koe te tuku pūrongo kirimuna ki a Crime Stoppers i **0800 555 111**, i runga ipurangi rānei i **www.crimestoppers-nz.org/report**